



## SEPTEMBER LAND TRAINER OF THE MONTH

The following swimmers have been selected as September Land Trainers of the Month by David and Courtney

**DEVELOPMENT SQUAD**

**EMILY BROWN**

**GOLD SQUAD**

**CONNOR WILLIAMS AND**

**BETH HAILSTONES**

**SILVER SQUAD**

**MILLIE THOMSON**

**BRONZE SQUAD**

**JACOB PARSONS**

Well done David and Courtney