

Individual Meet Results

Swim West Lothian IM Tough 201 20-May-16 to 22-May-16 SC Meters

Location: Bathgate WLeh GBR

Time	F/P/S	Event	Place	Points	Improv	
Thomas Coates (13) M						
19:01.05S	F # 102C	Male 13-13 1500 Free	UWLX	4	3	-48.34
5:31.57S	F # 202C	Male 13-13 400 IM	UWLX	5	2	-7.37
2:31.16S	F # 204C	Male 13-13 200 Back	UWLX	5	2	-0.82
34.04S	F # 208C	Male 13-13 50 Back	UWLX	7	---	0.88
4:51.41S	F # 301C	Male 13-13 400 Free	UWLX	6	1	-0.55
2:40.61S	F # 307C	Male 13-13 200 Fly	UWLX	2	5	-5.25
2:46.61S	F # 309C	Male 13-13 200 IM	UWLX	11	---	7.54
1:16.25S	F # 402C	Male 13-13 100 Fly	UWLX	11	---	0.59
1:28.83S	F # 404C	Male 13-13 100 Breast	UWLX	9	---	0.45
35.19S	F # 406C	Male 13-13 50 Fly	UWLX	9	---	0.75
30.77S	F # 503C	Male 13-13 50 Free	UWLX	10	---	0.88
1:11.43S	F # 505C	Male 13-13 100 Back	UWLX	7	---	0.43
Holly Dallas (12) F						
1:35.12S	F # 205B	Female 12-12 100 Breast	UWLX	15	---	-1.71
41.08S	F # 407B	Female 12-12 50 Back	UWLX	17	---	-0.48
44.13S	F # 504B	Female 12-12 50 Breast	UWLX	14	---	0.25
Alasdair Dunse (13) M						
DQ	F # 204C	Male 13-13 200 Back	UWLX	---	---	---
57.60S	F # 206C	Male 13-13 100 Free	UWLX	1	7	-1.00
32.06S	F # 208C	Male 13-13 50 Back	UWLX	4	3	-0.28
2:25.42S	F # 309C	Male 13-13 200 IM	UWLX	4	3	-0.68
1:04.03S	F # 402C	Male 13-13 100 Fly	UWLX	2	5	-0.68
29.64S	F # 406C	Male 13-13 50 Fly	UWLX	3	4	0.09
2:04.55S	F # 501C	Male 13-13 200 Free	UWLX	1	7	-2.15
1:04.91S	F # 505C	Male 13-13 100 Back	UWLX	1	7	-1.46
30.21S	F # 601	Male 14 & Under 50 Free	UWLX	2	---	2.63
Euan Dunse (11) M						
2:38.62S	F # 204A	Male 8-11 200 Back	UWLX	1	7	-8.20
3:06.17S	F # 307A	Male 8-11 200 Fly	UWLX	2	5	---
2:48.25S	F # 309A	Male 8-11 200 IM	UWLX	2	5	-2.81
1:33.66S	F # 404A	Male 8-11 100 Breast	UWLX	3	4	-11.81
36.51S	F # 406A	Male 8-11 50 Fly	UWLX	3	4	-0.07
2:30.74S	F # 501A	Male 8-11 200 Free	UWLX	2	5	-3.80
1:15.55S	F # 505A	Male 8-11 100 Back	UWLX	1	7	-4.29
Alex Forsyth (19) M						
53.15S	F # 206E	Male 15 & Over 100 Free	ELDX	1	7	1.77
1:00.00S	F # 402E	Male 15 & Over 100 Fly	ELDX	1	7	-2.36
26.41S	F # 406E	Male 15 & Over 50 Fly	ELDX	1	7	0.71
1:56.62S	F # 501E	Male 15 & Over 200 Free	ELDX	1	7	1.76
Emma Govan (15) F						
9:58.05S	F # 101E	Female 15 & Over 800 Free	UWLX	3	4	-0.40
2:36.18S	F # 201E	Female 15 & Over 200 IM	UWLX	4	3	7.94
1:07.85S	F # 203E	Female 15 & Over 100 Fly	UWLX	4	3	1.71
1:22.56S	F # 205E	Female 15 & Over 100 Breast	UWLX	2	5	-3.09
30.13S	F # 207E	Female 15 & Over 50 Fly	UWLX	2	5	0.64
2:12.57S	F # 302E	Female 15 & Over 200 Free	UWLX	3	4	2.45
27.44S	F # 304E	Female 15 & Over 50 Free	UWLX	2	5	0.50
1:10.42S	F # 306E	Female 15 & Over 100 Back	UWLX	5	2	-1.49
4:48.01S	F # 308E	Female 15 & Over 400 Free	UWLX	2	5	5.91

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Time	F/P/S	Event		Place	Points	Improv
1:00.25S	F # 405E	Female 15 & Over 100 Free	UWLX	3	4	1.35
32.16S	F # 407E	Female 15 & Over 50 Back	UWLX	2	5	0.48
38.98S	F # 504E	Female 15 & Over 50 Breast	UWLX	3	4	-0.92
2:40.12S	F # 506E	Female 15 & Over 200 Fly	UWLX	3	4	9.88
36.97S	F # 604	Female 14 & Over 50 Free	UWLX	5	---	10.03
Kirsten Heath (15) F						
10:40.76S	F # 101E	Female 15 & Over 800 Free	UWLX	6	1	24.08
1:21.15S	F # 203E	Female 15 & Over 100 Fly	UWLX	11	---	3.10
36.38S	F # 207E	Female 15 & Over 50 Fly	UWLX	11	---	1.28
1:10.52S	F # 405E	Female 15 & Over 100 Free	UWLX	15	---	1.44
3:25.21S	F # 502E	Female 15 & Over 200 Breast	UWLX	6	1	11.83
3:02.02S	F # 506E	Female 15 & Over 200 Fly	UWLX	7	---	10.60
Skye Hutchison (13) F						
2:45.16S	F # 403C	Female 13-13 200 Back	UWLX	5	2	-8.59
3:17.28S	F # 502C	Female 13-13 200 Breast	UWLX	16	---	-5.73
Christopher King (12) M						
3:00.59S	F # 204B	Male 12-12 200 Back	UWLX	6	1	6.66
1:12.44S	F # 206B	Male 12-12 100 Free	UWLX	10	---	-1.46
3:10.81S	F # 303B	Male 12-12 200 Breast	UWLX	4	3	-7.22
42.92S	F # 305B	Male 12-12 50 Breast	UWLX	8	---	0.89
1:35.93S	F # 402B	Male 12-12 100 Fly	UWLX	9	---	-0.71
1:30.10S	F # 404B	Male 12-12 100 Breast	UWLX	6	1	0.47
39.44S	F # 406B	Male 12-12 50 Fly	UWLX	9	---	-3.51
2:35.53S	F # 501B	Male 12-12 200 Free	UWLX	12	---	-1.46
33.00S	F # 503B	Male 12-12 50 Free	UWLX	10	---	0.40
Myles Lapsley (12) M						
1:00.78S	F # 206B	Male 12-12 100 Free	UWLX	1	7	-2.10
34.47S	F # 208B	Male 12-12 50 Back	UWLX	2	5	-0.04
2:51.15S	F # 303B	Male 12-12 200 Breast	UWLX	1	7	-6.90
36.34S	F # 305B	Male 12-12 50 Breast	UWLX	1	7	-1.20
2:34.18S	F # 309B	Male 12-12 200 IM	UWLX	2	5	-5.14
1:10.10S	F # 402B	Male 12-12 100 Fly	UWLX	1	7	-3.48
1:17.15S	F # 404B	Male 12-12 100 Breast	UWLX	1	7	-7.10
30.78S	F # 406B	Male 12-12 50 Fly	UWLX	1	7	-1.12
2:14.50S	F # 501B	Male 12-12 200 Free	UWLX	1	7	0.34
28.08S	F # 503B	Male 12-12 50 Free	UWLX	1	7	-0.08
Megan MacFarlane (16) F						
2:40.89S	F # 201E	Female 15 & Over 200 IM	UWLX	9	---	3.27
1:15.68S	F # 203E	Female 15 & Over 100 Fly	UWLX	10	---	1.70
1:26.10S	F # 205E	Female 15 & Over 100 Breast	UWLX	6	1	-0.41
33.66S	F # 207E	Female 15 & Over 50 Fly	UWLX	9	---	0.22
2:25.61S	F # 302E	Female 15 & Over 200 Free	UWLX	8	---	2.83
31.61S	F # 304E	Female 15 & Over 50 Free	UWLX	11	---	1.14
1:17.40S	F # 306E	Female 15 & Over 100 Back	UWLX	11	---	3.63
2:39.84S	F # 403E	Female 15 & Over 200 Back	UWLX	6	1	3.69
1:07.20S	F # 405E	Female 15 & Over 100 Free	UWLX	14	---	0.36
35.01S	F # 407E	Female 15 & Over 50 Back	UWLX	8	---	1.09
3:02.66S	F # 502E	Female 15 & Over 200 Breast	UWLX	4	3	0.67
40.26S	F # 504E	Female 15 & Over 50 Breast	UWLX	6	1	0.40

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Time	F/P/S	Event		Place	Points	Improv
Penny Moffat (13) F						
1:19.66S	F # 203C	Female 13-13 100 Fly	ELDX	5	2	-1.76
1:33.03S	F # 205C	Female 13-13 100 Breast	ELDX	15	---	-0.33
36.43S	F # 207C	Female 13-13 50 Fly	ELDX	6	1	0.69
32.21S	F # 304C	Female 13-13 50 Free	ELDX	3	4	-0.09
1:18.53S	F # 306C	Female 13-13 100 Back	ELDX	6	1	-0.09
1:08.49S	F # 405C	Female 13-13 100 Free	ELDX	10	---	-1.69
35.88S	F # 407C	Female 13-13 50 Back	ELDX	5	2	-1.18
43.30S	F # 504C	Female 13-13 50 Breast	ELDX	10	---	-1.41
Gulsum Onal (17) F						
2:21.29S	F # 201E	Female 15 & Over 200 IM	UWLX	1	7	1.23
1:04.14S	F # 203E	Female 15 & Over 100 Fly	UWLX	1	7	0.17
28.56S	F # 207E	Female 15 & Over 50 Fly	UWLX	1	7	0.07
2:05.28S	F # 302E	Female 15 & Over 200 Free	UWLX	1	7	2.31
26.70S	F # 304E	Female 15 & Over 50 Free	UWLX	1	7	0.14
1:03.79S	F # 306E	Female 15 & Over 100 Back	UWLX	1	7	0.90
2:17.78S	F # 403E	Female 15 & Over 200 Back	UWLX	1	7	0.40
56.85S	F # 405E	Female 15 & Over 100 Free	UWLX	1	7	-0.28
29.35S	F # 407E	Female 15 & Over 50 Back	UWLX	1	7	0.51
33.14S	F # 604	Female 14 & Over 50 Free	UWLX	1	---	6.58
Yasin Onal (13) M						
19:57.80S	F # 102C	Male 13-13 1500 Free	UWLX	7	---	-50.24
1:02.37S	F # 206C	Male 13-13 100 Free	UWLX	5	2	-3.80
31.95S	F # 208C	Male 13-13 50 Back	UWLX	3	4	0.03
4:50.47S	F # 301C	Male 13-13 400 Free	UWLX	5	2	-6.71
39.54S	F # 305C	Male 13-13 50 Breast	UWLX	6	1	-3.09
1:17.00S	F # 402C	Male 13-13 100 Fly	UWLX	12	---	-2.20
1:26.41S	F # 404C	Male 13-13 100 Breast	UWLX	7	---	-4.51
33.54S	F # 406C	Male 13-13 50 Fly	UWLX	7	---	-0.53
2:18.11S	F # 501C	Male 13-13 200 Free	UWLX	9	---	-4.97
28.77S	F # 503C	Male 13-13 50 Free	UWLX	5	2	0.13
1:09.91S	F # 505C	Male 13-13 100 Back	UWLX	5	2	-0.40
Erin Peacock (14) F						
1:19.93S	F # 203D	Female 14-14 100 Fly	UWLX	7	---	-4.24
1:32.73S	F # 205D	Female 14-14 100 Breast	UWLX	10	---	0.15
37.26S	F # 207D	Female 14-14 50 Fly	UWLX	14	---	-5.99
31.58S	F # 304D	Female 14-14 50 Free	UWLX	3	4	-6.49
1:20.55S	F # 306D	Female 14-14 100 Back	UWLX	8	---	2.05
2:46.95S	F # 403D	Female 14-14 200 Back	UWLX	9	---	-0.69
1:09.27S	F # 405D	Female 14-14 100 Free	UWLX	11	---	-0.27
37.55S	F # 407D	Female 14-14 50 Back	UWLX	8	---	-4.10
42.77S	F # 504D	Female 14-14 50 Breast	UWLX	8	---	0.29
Bethan Perrott (15) F						
2:39.55S	F # 201E	Female 15 & Over 200 IM	UWLX	8	---	-4.77
1:14.72S	F # 203E	Female 15 & Over 100 Fly	UWLX	9	---	-3.17
32.33S	F # 207E	Female 15 & Over 50 Fly	UWLX	8	---	-6.70
2:18.85S	F # 302E	Female 15 & Over 200 Free	UWLX	5	2	-2.13
29.26S	F # 304E	Female 15 & Over 50 Free	UWLX	5	2	-0.83
1:13.00S	F # 306E	Female 15 & Over 100 Back	UWLX	6	1	-0.26
4:58.51S	F # 308E	Female 15 & Over 400 Free	UWLX	6	1	0.36

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Location: Bathgate WLeh GBR

Time	F/P/S	Event		Place	Points	Improv
2:37.30S	F # 403E	Female 15 & Over 200 Back	UWLX	4	3	-1.02
1:03.52S	F # 405E	Female 15 & Over 100 Free	UWLX	6	1	-1.38
34.56S	F # 407E	Female 15 & Over 50 Back	UWLX	6	1	-0.62
Anna Ross (13) F						
30.87S	F # 304C	Female 13-13 50 Free	UWLX	1	7	-0.39
1:19.65S	F # 306C	Female 13-13 100 Back	UWLX	9	---	-1.31
2:48.55S	F # 403C	Female 13-13 200 Back	UWLX	6	1	-1.74
1:08.03S	F # 405C	Female 13-13 100 Free	UWLX	9	---	-0.54
36.78S	F # 407C	Female 13-13 50 Back	UWLX	7	---	-3.24
Paige Ross (13) F						
38.24S	F # 207C	Female 13-13 50 Fly	UWLX	8	---	-1.96
34.72S	F # 304C	Female 13-13 50 Free	UWLX	9	---	-1.35
41.20S	F # 407C	Female 13-13 50 Back	UWLX	14	---	-0.91
48.20S	F # 504C	Female 13-13 50 Breast	UWLX	14	---	-5.58
Grant Smith (14) M						
1:04.79S	F # 206D	Male 14-14 100 Free	UWLX	14	---	-0.66
4:55.21S	F # 301D	Male 14-14 400 Free	UWLX	8	---	-4.74
2:59.59S	F # 307D	Male 14-14 200 Fly	UWLX	5	2	-4.32
1:21.42S	F # 402D	Male 14-14 100 Fly	UWLX	9	---	-2.20
36.75S	F # 406D	Male 14-14 50 Fly	UWLX	6	1	-4.55
2:19.59S	F # 501D	Male 14-14 200 Free	UWLX	12	---	-4.59
30.03S	F # 503D	Male 14-14 50 Free	UWLX	9	---	-1.72
Beth Templeton (12) F						
2:54.22S	F # 201B	Female 12-12 200 IM	UWLX	11	---	0.32
2:31.95S	F # 302B	Female 12-12 200 Free	UWLX	11	---	-0.36
32.84S	F # 304B	Female 12-12 50 Free	UWLX	7	---	0.34
2:48.16S	F # 403B	Female 12-12 200 Back	UWLX	7	---	-2.80
37.88S	F # 407B	Female 12-12 50 Back	UWLX	10	---	-0.34
Ross Thomson (12) M						
22:12.66S	F # 102B	Male 12-12 1500 Free	UWLX	4	3	-46.42
DQ	F # 202B	Male 12-12 400 IM	UWLX	---	---	---
1:16.19S	F # 206B	Male 12-12 100 Free	UWLX	12	---	3.39
42.33S	F # 208B	Male 12-12 50 Back	UWLX	11	---	0.63
3:09.70S	F # 303B	Male 12-12 200 Breast	UWLX	3	4	1.82
41.93S	F # 305B	Male 12-12 50 Breast	UWLX	5	2	1.15
3:02.91S	F # 309B	Male 12-12 200 IM	UWLX	9	---	4.90
1:26.88S	F # 402B	Male 12-12 100 Fly	UWLX	8	---	-3.22
1:29.71S	F # 404B	Male 12-12 100 Breast	UWLX	5	2	0.11
37.59S	F # 406B	Male 12-12 50 Fly	UWLX	7	---	-1.77
34.72S	F # 503B	Male 12-12 50 Free	UWLX	15	---	1.17
1:31.42S	F # 505B	Male 12-12 100 Back	UWLX	12	---	4.07